

28<sup>th</sup> January 2025

Dear Parents/Carers,

**Re: Parental Support Drop-in Sessions**

I hope this letter finds you well. We understand that parenting can sometimes feel like a journey filled with both rewarding and challenging moments. At Consilium Evolve, we are committed to supporting not just our students, but also the parents and guardians who guide them.

With this in mind, I am pleased to invite you to our Parental Support Drop-in Sessions. These sessions will commence from 6<sup>th</sup> February 2025, and will take place every Thursday during term time from 3:45 pm to 4:15 pm in our counselling room at Consilium Evolve.

These sessions are designed to provide a safe, confidential, and welcoming space where you can:

- Meet with me, the school counsellor, to discuss any concerns or questions you may have.
- Connect with other parents who may be experiencing similar challenges.
- Share experiences, seek advice, and find practical support in a non-judgmental environment.

Whether you're looking for strategies to support your child's emotional well-being, advice on navigating school-related challenges, or simply a listening ear, this space is here for you.

Our focus during these drop-in sessions will be on providing emotional and practical support to help you navigate the challenges of parenting.

There is no need to book in advance—simply send us a text to confirm your attendance. If you have any questions about the sessions or need further information, please don't hesitate to contact me.

We look forward to seeing you and working together to support the well-being of our students and families.

Warm regards,

*R. Tones*

Roxy Tones

School Counsellor